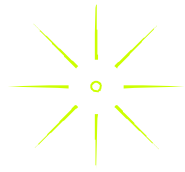


joy OF AGING



**York Central
Hospital**



&
The Volunteer Association
of York Central Hospital

What your mother never told you!

A special morning for women who have it all
(and want to keep it!)

In support of York Central Hospital Continuing Care Centre

When: Oct 17th, 2009 9:00 am—12:00 pm
Where: Richmond Hill Country Club

Featuring: **Dr. Joey Shulman, DC**
Registered Nutritionist
Best Selling Author of "The Last 15"



LEARN • HAVE FUN

- * Aging Gracefully Through Diet and Active Living
- * Strategies on Planning for a Healthy Future
- * Delicious Healthy Breakfast
- * Info Booths

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A partnership between The Joy of Aging event
and Media Sponsor, The Liberal

Ticket Order Form

Name _____ Phone _____ Email _____

Address _____

City _____ Province _____ Postal Code _____

I wish to support York Central Hospital's Continuing Care Centre: (Please circle one of the followings)

- | | | |
|-----------------------------|-----------------------------|------------------------------|
| 1. Ticket - \$25.00 | 3. Tickets - \$70.00 | 5. Tickets - \$115.00 |
| 2. Tickets - \$45.00 | 4. Tickets - \$90.00 | |

I am unable to attend, please accept my donation: \$ _____

Payment Method:

Cheque (Payable to York Central Hospital Foundation)

Or: Visa MasterCard Amex

Name on Card: _____ Card Number: _____

Expiry ____/____ Date: _____ Signature: _____

Please fax the ticket order form to Margaret Chen at: **905-707-1035**
Or Contact her at: **905-707-5220 ext. 24** Website: www.thejoyofaging.ca